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Frederick County Health Department

# News Release

**CONTACT: Todd Crum**  
**Public Information Representative**  
**Substance Abuse**  
**301-600-3285**  
**TTY: Use Maryland Relay**  
**TCrum@FrederickCountyMD.gov**

**FOR IMMEDIATE RELEASE:**

**AUGUST 19, 2011**

## **SEPTEMBER IS NATIONAL RECOVERY MONTH**

**FREDERICK, MD --** In 2009, 4.3 million people aged 12 or older (1.7 percent of the U.S. population) received treatment for substance use disorders, and 30.2 million adults aged 18 or older (13.3 percent of the U.S. population) received services for mental health problems according to the **2009 National Survey on Drug Use and Health**. In 2009, approximately 2,300 Frederick County residents received substance abuse treatment services while another 3,518 individuals received services through the public mental health system. Millions of Americans are in recovery from substance use and mental health disorders yet millions more continue to struggle with these diseases.

To address this issue, the Frederick County Health Department, Behavioral Health Services Division in collaboration with the Frederick County Recovery Oriented System of Care (ROSC) partnership joins communities across the nation to celebrate and recognize September as **National Recovery Month: Prevention Works, Treatment is Effective, People Recover**. The theme this year is

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Barbara A. Brookmyer, M.D., M.P.H. ▪ Health Officer

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350 Montevue Lane ▪ Frederick, MD 21702

Phone: 301-600-1029 ▪ Fax: 301-600-3111 ▪ MD TTY: 1-800-735-2258





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**“Recovery Benefits Everyone.”** During the month, communities across the country will join together to help people recognize that substance use and mental health disorders are treatable diseases. The goal of this year’s event is that with increased access to prevention, treatment, and recovery support services, families, policymakers, businesses, and health care providers, will reach out to those in need to assist them in finding appropriate treatment options. "Not being able to access the appropriate treatment services, or not knowing where to find these services, should no longer be a barrier to achieving recovery," states Andrea Walker, Behavioral Health Services Division Director.

To mark the event, several activities will take place during the month including:

- August 24 – a proclamation presentation by the City of Frederick;
- August 25 – a proclamation presentation by the Frederick County Board of County Commissioners
- August 28 – a proclamation presentation by the City of Frederick before the start of the Frederick Keys game;
- September 10 – informational booth at “In the Street”;
- September 18 – sponsorship of the “Community Tent” at the Great Frederick Fair to include an informational booth and representatives from various recovery support programs; and
- September 28 – informational event at the Frederick Rescue Mission.

Additionally, public services announcements will be aired on Cable 19 and Cable 99 for the residents of Frederick City.

For information about recovery services in Frederick County, contact the Frederick County Health Department, Behavioral Health Services Division at 301-600-1775, or visit [www.FrederickCountyMD.gov/HealthDept/](http://www.FrederickCountyMD.gov/HealthDept/). For additional information about National Recovery Month, visit [www.recoverymonth.gov](http://www.recoverymonth.gov).

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